August 2024 Assisted Living					created with a gel U
Sunday Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Keys AL 2nd FL Activity Room AL 2nd FL Living Room AL 4th FL Theater Assisted Living Patio Bistro Fitness Center IL Cafe Location Keys AAR IL Game Room-4th FL ILGR IL Ping Pong Room -3rd FL ILPPR ALT Mezzanine Library ML ALP Mezzanine Living Room MLR BST Outing OUT FC We Come to You WCY IL Cafe	ADVICE FROM A Supplement BE BRIGHT, SUNNY AND POSITIVE. Spread Seeds of happiness RISE, SHINE, AND HOLD YOUR HEAD HIGH.	Resident Birthdays Annamarie B. 8/6 Richard W. 8/8 Helen K. 8/9 Jane S. 8/15 Sam K. 8/17 Barbara S. 8/22	10:00 → Aqua Fitness With Ben 10:00 → Move and Groove [AAR] 10:30 ❖ Daily Chronicle [AAR] 11:00 ❖ Trivia- Francis Scott Key [AAR] 1:00 ❖ Rosary and Communion with Cozetta [ML] 1:30 → Exercise with Arthur [FC] 2:30 Craft Time with Gina [AAR] 6:30 ❖ AL Movie - Driving Madeleine (Prime) [ALT] 7:00 ❖ Poker Night [ILGR]	10:00 → Sit & Be Fit [AAR] 10:30 ❖ Daily Chronicle [AAR] 10:45 ❖ Hawaii Trivia [AAR] 2:00 ❖ Book Club Meeting [2LVR] 2:00 ↔ Chair Yoga with Linda [FC] 3:00 ❖ Bingo! [AAR] 4:30 ❖ Shabbat [BST] 6:30 ❖ AL Movie - Jesse Stone Thin Ice (Prime) [ALT]	9:30 Carrington Community Church [BST] 10:30 Daily Chronicle [AAR] 11:00 Moving For Mobility [AAR] 12:00 Shopping Outing: Whole Foods (RSVP) 1:00 Special Showing: Chariots of Fire 2:00 AL Movie - Beverly Hills Cops (1984) (Prime) [ALT] 3:00 Social Hour [MLR]
9:35 Outing: Edgebrook Lutheran Church (RSVP) [OUT] 10:30 Daily Chronicle [AAR] 11:00 Trivia - The Evolution of Underwear [AAR]	9:00 ★ Friends of Bill W. [ILPPR] 10:00 ★ Sit & Be Fit [AAR] 10:30 ★ Daily Chronicle [AAR] 11:00 ★ Current Events with Sally [BST] 11:30 ★ Lunch Outing: Good to Go Jamaican [OUT] 1:30 ★ New Location: Zumba & Laughing Yoga with Janette! [2LVR] 2:15 ★ Creative Projects [AAR] 6:30 ★ AL Movie - Jamaica Inn (Prime) [ALT]	9:00 Water Workouts with Arthur 10:00 Sit & Be Fit [AAR] 10:30 Daily Chronicle [AAR] 10:45 Trivia- What Am I? [AAR] 1:45 Rock Steady Boxing- New Location [2LVR] 2:15 New Location: Food Committee Meeting [AAR] 3:00 Happy Hour with Allan Kaye and John Eskola [BST] 6:30 AL Movie - The Incident (Prime) [ALT]		10:00 New Resident Welcome Party! [2LVR] 2:00 Chair Yoga with Linda [FC] 3:00 Bingo! [AAR] 4:30 Shabbat [BST] 6:00 Chicago's Crosstown Classic [BST] 6:30 AL Movie - Steel Magnolias (Prime) [ALT]	9:30 Carrington Community Church [BST] 10:30 Daily Chronicle [AAR] 11:00 Moving For Mobility [AAR] 12:00 Shopping Outing: Whole Foods (RSVP) 2:00 AL Movie - The Hill (Prime) [ALT] 3:00 Social Hour [MLR]
Lutheran Church (RSVP) 11:00 Random Trivia [AAR] [OUT] 1:00 Movement and Balance	9:00 ❤ Friends of Bill W. [ILPPR] 10:00 ➡ Sit & Be Fit [AAR] 10:30 ❖ Daily Chronicle [AAR] 10:45 ❖ Trivia- Master of Suspense [AAR] 11:00 ❖ Current Events with Sally [BST] 1:30 ➡ New Location: Zumba & Laughing Yoga with Janette! [2LVR] 1:30 ❖ Opera Club 1:30 ❖ Visits with Myra! [WCY] 2:15 ❖ Creative Projects [AAR] 6:30 ❖ AL Movie - Bob Marley: One Love (NetIfix) [ALT]	9:00 → Water Workouts 1 4 with Arthur 10:00 → Sit & Be Fit [AAR] 10:30 ❖ Daily Chronicle [AAR] 11:00 ❖ Trivia! The Round Up- Steve Martin [AAR] 1:45 → Rock Steady Boxing - New Location [2LVR] 3:00 ❖ Happy Hour - Jane Allyson [BST] 6:30 ❖ AL Movie - The Gray (Prime) [ALT]	10:00 → Aqua Fitness With 15 10:00 → Move and Groove [AAR] 10:30 ❖ Daily Chronicle [AAR] 10:45 ❖ Trivia- Woodstock [AAR] 1:00 ❤ Rosary with Cozetta [ML] 1:30 → Exercise with Arthur [FC] 2:30 ❤ Moments from Hollywood Musicals [ALT] 6:30 ❖ AL Movie - The Pawnbroker (Prime) [ALT] 7:00 ❖ Poker Night [ILGR]	10:00 → Sit & Be Fit [AAR] 10:30 Daily Chronicle [AAR] 10:30 Veteran's Club 10:45 Would You Rather Game [AAR] 2:00 → Chair Yoga with Linda [FC] 2:15 Monthly Birthday Bash! [2LVR] 4:30 Shabbat [BST] 6:30 AL Movie - From Time to Time (Prime) [ALT]	Church [BST] 10:30 Daily Chronicle [AAR] 11:00 Moving For Mobility [AAR] 12:00 Shopping Outing: Whole Foods (RSVP) 1:00 Special Showing: Cool Runnings (1993) 2:00 AL Movie - The Boys

August 2024
Assisted Living



(RSVP) [OUT] 100	7 toolotou Elving						
All Saints Basillica 19 (RSVP) [OUT] 9.05 W Outing: Edgebrook Lutheran Church (RSVP) [OUT] 10.00 W Sing Along [AAR] 10.	and the second			Wednesday	Thursday	Friday	Saturday
All Saints Basilica (RSVP) [OUT] 9:35 With Ben (RSVP) [OUT] 9:35 Outing: Edgebrook Lutheran Church (RSVP) [OUT] 10:00 Sit and Be Fit [AAR] 10:00 Daily Chronicle [AAR] 11:00 Daily Chronicle [AAR]	All Saints Basilica (RSVP) [OUT] 9:35 ❤ Outing: Edgebrook Lutheran Church (RSVP) [OUT] 9:00 ➡ Move and Groove [AAR] 9:30 ❖ Daily Chronicle [AAR] 1:00 ❤ Sing Along [AAR] 2:00 ❤ Outing: B'Hai Temple (RSVP) [OUT] 2:00 ❖ AL Movie - Sgt. Pepper's Lonely Hearts (Prime) [ALT]	Ben 10:00 → Sit and Be Fit [AAR] 10:30 ☑ Daily Chronicle [AAR] 11:00 ☑ Game Show Trivia [AAR] 1:00 Movement and Balance with Select Rehab [FC] 2:00 → Dancing with Martha! [FC] 3:00 ☒ Bingo! [AAR] 6:30 ☒ AL Movie - Shirley (Netflix) [ALT] 7:00 ☒ Poker Night [ILGR] 7:15 Everyone Has A Story	ILPPRJ 10:00 → Sit & Be Fit [AAR] 10:30 ◇ Daily Chronicle [AAR] 10:45 \$ Nature Documentary- The Red Sea [AAR] 11:00 ◇ Current Events with Sally [BST] 1:30 → New Location: Zumba & Laughing Yoga with Janette! [2LVR] 2:15 ❖ Patio Time - Games & Refreshments [ALP] 6:30 ❖ AL Movie - The Mighty	with Arthur 10:00 → Sit & Be Fit [AAR] 10:30 ᠅ Daily Chronicle [AAR] 10:45 ᠅ Trivia- Where Am I? [AAR] 1:00 \$ Outing: Garfield Park Nature Conservatory [OUT] 1:45 → Rock Steady Boxing - New Location [2LVR] 3:00	With Ben 10:00 News and Views [MLR] 10:30 Drumming with Chris! [MLR] 1:00 Rosary with Cozetta [ML] 1:30 Exercise with Arthur [FC] 2:00 100th Birthday Party for Barbara [2LVR] 6:30 AL Movie - Enemies:	10:30 Daily Chronicle [AAR] 11:00 Trivia- What Am I? [AAR] 2:00 Chair Yoga with Linda [FC] 2:00 Passport to the World: Jamaica! [2LVR] 4:30 Shabbat [BST] 6:30 AL Movie - Widow's	Community Church [BST] 10:30 Daily Chronicle [AA 11:00 Moving For Mobilit [AAR] 12:00 Shopping Outing: Whole Foods (RSV
	(RSVP) [OUT] 9:35 ❤ Outing: Edgebrook Lutheran Church (RSVP) [OUT] 0:00 ➡ Move and Groove [AAR] 0:30 ❖ Daily Chronicle [AAR] 1:00 ❤ Sing Along [AAR] 2:00 ❤ Outing: B'Hai Temple (RSVP) [OUT] 2:00 ❖ AL Movie - The Greatest Showman	with Ben 10:00 → Sit and Be Fit [AAR] 10:30 ◇ Daily Chronicle [AAR] 11:00 ◇ Random Trivia [AAR] 1:00 Movement and Balance with Select Rehab [FC] 2:00 → Dancing with Martha! [FC] 3:00 ➢ Bingo! [AAR] 6:30 ➢ AL Movie - The Miracle Club (Netflix) [ALT]	10:00 → Sit & Be Fit [AAR] 10:30 ❖ Daily Chronicle [AAR] 11:00 ❖ Trivia- what Am I? [AAR] 1:00 ► Voter Registration [BST] 1:30 → New Location: Zumba & Laughing Yoga with Janette! [2LVR] 2:30 ► AL Resident Meeting [AAR] 6:30 ❖ AL Movie - Island in	9:00	10:00 → Aqua Fitness With Ben 10:00 → Move and Groove [AAR] 10:30 ❖ Daily Chronicle [AAR] 10:45 ❖ Radio Commercials Trivia [AAR] 1:00 ❤ Rosary with Cozetta [ML] 1:30 → Exercise with Arthur [FC] 2:30 Craft Time with Gina [AAR] 6:30 ❖ AL Movie - The Infidel (Prime) [ALT]	10:30 ♦ Daily Chronicle [AAR] 11:00 ♦ Sing-Along with Annamarie [2LVR] 2:00 ♦ Chair Yoga with Linda [FC] 3:00 ♣ Bingo! [AAR] 4:30 ★ Shabbat [BST] 6:30 ♣ AL Movie - Race	Community Church [BST] 10:30 Daily Chronicle [AI 11:00 Moving For Mobili [AAR] 12:00 Shopping Outing: Whole Foods (RSV 1:00 Special Showing: How Stella Got He Groove Back 2:00 AL Movie - Memoil



All activities are subject to change. Please refer to the Daily Calendar for the most up to date schedule.



Passport to the World!



This month we will have a taste of Jamaica! Look out for fun Jamaican themed food and activities!