




























































































































Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>Location Keys</p> <p>AL 2nd FL Activity Room AAR IL Game Room-4th FL ILGR AL 2nd FL Living Room 2LVR IL Ping Pong Room -3rd FL ILPPR AL 4th FL Theater ALT Mezzanine Library ML Bistro BST Mezzanine Living Room MLR Fitness Center FC We Come to You WCY IL Cafe ILC</p>		<p> Creative Arts</p> <p> Emotional</p> <p> Health and Wellness</p> <p> Intellectual</p> <p> Purposeful</p> <p> Recreation and Leisure</p> <p> Spiritual</p>	<p>New Year's Day 1</p> <p>10:00  Zumba & Laughing Yoga with Janette! [AAR]</p> <p>10:45  Daily Chronicle [AAR]</p> <p>11:00  New Year's Trivia [AAR]</p> <p>3:00  Happy Hour with Hector Fernandez on Spanish Guitar [BST]</p> <p>4:30  Hanukkah Candle Lighting [BST]</p> <p>6:30  AL Movie - Desk Set (Prime) [ALT]</p>	<p>10:00  Move and Groove [AAR] 2</p> <p>10:30  Daily Chronicle [AAR]</p> <p>10:45  Trivia! This or That [AAR]</p> <p>1:00  Rosary with Cozetta [ML]</p> <p>1:30  Express Fitness with Arthur [FC]</p> <p>2:30  Craft Time with Gina [AAR]</p> <p>6:30  Friends of Bill W. (AA Meeting) [ILPPR]</p> <p>6:30  Movie Night - The Lady in Number 6 (Prime) [ALT]</p> <p>7:00  Poker Night [ILGR]</p>	<p>10:00  Sit & Be Fit [AAR] 3</p> <p>10:30  Daily Chronicle [AAR]</p> <p>10:45  Trivia! The RoundUp: Drinking Straws [AAR]</p> <p>3:00  Bingo! [AAR]</p> <p>4:30  Shabbat [BST]</p> <p>6:30  Movie Night - Life Stinks (Prime) [ALT]</p>	<p>9:30  Carrington Community Church [BST] 4</p> <p>10:30  Daily Chronicle [AAR]</p> <p>11:00  Moving For Mobility [AAR]</p> <p>2:00  Afternoon Cinema - Being Julia (Netflix) [ALT]</p> <p>2:30  Puzzles and Games in the Living Room [2LVR]</p>

<p>10:00  Move and Groove [AAR] 5</p> <p>10:30  Daily Chronicle [AAR]</p> <p>10:45  Noodleball and Games [AAR]</p> <p>2:00  Bingo With Trudy [ILC]</p> <p>2:00  Sunday Matinee - The Pirate (Prime) [ALT]</p>	<p>10:00  Sit and Be Fit [AAR] 6</p> <p>10:30  Daily Chronicle [AAR]</p> <p>10:45  Apple Trivia/Wheel of Fortune Fun Facts [AAR]</p> <p>1:00 Movement and Balance with Select Rehab [FC]</p> <p>2:00  Dancing with Martha! [FC]</p> <p>3:00  Bingo! [AAR]</p> <p>6:30  Movie Night - 3 Men and A Baby (Prime) [ALT]</p> <p>7:00  Poker Night [ILGR]</p> <p>7:15  New Edition: Everyone Has A Story [BST]</p>	<p>10:00  Sit & Be Fit [AAR] 7</p> <p>10:30  Daily Chronicle [AAR]</p> <p>10:45  Trivia! The RoundUp: The Harlem Globetrotters [AAR]</p> <p>2:15  Creative Projects [AAR]</p> <p>6:30  Movie Night - Me Before You (Prime) [ALT]</p>	<p>10:00  Zumba & Laughing Yoga with Janette! [AAR] 8</p> <p>10:45  Daily Chronicle [AAR]</p> <p>11:00  Trivia! Fact Files: The King of Rock and Roll [AAR]</p> <p>1:45  Rock Steady Boxing [MLR]</p> <p>3:00  Happy Hour with Wayne Messmer [BST]</p> <p>6:30  Movie Night - Men of Respect (Prime) [ALT]</p>	<p>10:00  Move and Groove [AAR] 9</p> <p>10:30  Daily Chronicle [AAR]</p> <p>10:45  Trivia! Rooted In Conversation [AAR]</p> <p>1:00  Rosary with Cozetta [ML]</p> <p>1:30  Express Fitness with Arthur [FC]</p> <p>2:30  Craft Time with Gina [AAR]</p> <p>6:30  Friends of Bill W. (AA Meeting) [ILPPR]</p> <p>6:30  Movie Night - Go Gentle (Prime) [ALT]</p> <p>7:00  Poker Night [ILGR]</p>	<p>10:00  Sit & Be Fit [AAR] 10</p> <p>10:30  Daily Chronicle [AAR]</p> <p>10:30  Veteran's Club [AAR]</p> <p>10:45  Trivia and Games [AAR]</p> <p>3:00  Bingo! [AAR]</p> <p>4:30  Shabbat [BST]</p> <p>6:30  Movie Night - A Different Man (Prime) [ALT]</p>	<p>9:30  Carrington Community Church [BST] 11</p> <p>10:30  Daily Chronicle [AAR]</p> <p>11:00  Moving For Mobility [AAR]</p> <p>2:00  Afternoon Cinema - Sully (Netflix) [ALT]</p> <p>2:30  Puzzles and Games in the Living Room [2LVR]</p>
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<p>10:00  Move and Groove [AAR] 12</p> <p>10:30  Daily Chronicle [AAR]</p> <p>10:45  Noodleball and Games [AAR]</p> <p>2:00  Bingo With Trudy [ILC]</p> <p>2:00  Sunday Matinee - Singin' in the Rain (Prime) [ALT]</p> <p>3:00  Hymn Sing with Annamarie [BST]</p>	<p>10:00  Johnny Cash Exercise Class [AAR] 13</p> <p>10:30  Daily Chronicle [AAR]</p> <p>10:45  Random Johnny Cash Trivia [AAR]</p> <p>1:00 Movement and Balance with Select Rehab [FC]</p> <p>2:00  Dancing with Martha! [FC]</p> <p>3:00  Lucky Ducky Bingo! [AAR]</p> <p>6:30  Movie Night - Breakfast at Tiffany's (Netflix) [ALT]</p> <p>7:00  Poker Night [ILGR]</p> <p>7:15  TedTalk Time [BST]</p>	<p>10:00  Sit & Be Fit [AAR] 14</p> <p>10:30  Daily Chronicle [AAR]</p> <p>10:45  Trivia! Riddle Me This [AAR]</p> <p>1:15  Opera Club</p> <p>2:00  Date Change: AL Resident Meeting [2LVR]</p> <p>2:00  Visits with Myra! [WCY]</p> <p>6:30  Movie Night - This Property is Condemned (Prime) [ALT]</p>	<p>10:00  Zumba & Laughing Yoga with Janette! [AAR] 15</p> <p>10:45  Daily Chronicle [AAR]</p> <p>11:00  Parkinson's Support Group [ILGR]</p> <p>11:00  Trivia! Fact Files: Twirls and Western Thrills [AAR]</p> <p>1:45  Rock Steady Boxing [MLR]</p> <p>3:00  Happy Hour with John Adair [BST]</p> <p>6:30 Movie Night - Superman (Prime) [ALT]</p>	<p>10:00  Move and Groove [AAR] 16</p> <p>10:30  Daily Chronicle [AAR]</p> <p>10:45  Trivia! Missing Pieces [AAR]</p> <p>1:00  Rosary with Cozetta [ML]</p> <p>1:30  Express Fitness with Arthur [FC]</p> <p>3:00  Special Thursday Bingo! [AAR]</p> <p>6:30  Friends of Bill W. (AA Meeting) [ILPPR]</p> <p>6:30 Movie Night - Breath Made Visible (Prime) [ALT]</p> <p>7:00 Poker Night [ILGR]</p>	<p>10:00  Sit and Be Fit [AAR] 17</p> <p>10:30  Daily Chronicle [AAR]</p> <p>10:45  Betty White Trivia [AAR]</p> <p>2:15  Monthly Birthday Bash! [2LVR]</p> <p>4:30  Shabbat [BST]</p> <p>6:30  Movie Night - Joy (Netflix) [ALT]</p>	<p>9:30  Carrington Community Church [BST] 18</p> <p>10:30  Daily Chronicle [AAR]</p> <p>11:00  Moving For Mobility [AAR]</p> <p>2:00  Afternoon Cinema - The Union (Netflix) [ALT]</p> <p>2:30  Puzzles and Games in the Living Room [2LVR]</p>
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 ➡ Move and Groove [AAR] 19</p> <p>10:30 ⚡ Daily Chronicle [AAR]</p> <p>10:45 🐾 Noodleball and Games [AAR]</p> <p>2:00 🐾 Bingo With Trudy [ILC]</p> <p>2:00 🐾 Sunday Matinee - Gypsy (DVD) [ALT]</p> <p>3:00 ⚡ Dementia Support and Educational Session- The Living Gems [BST]</p>	<p>Martin Luther King, Jr. Day 20</p> <p>10:00 ➡ Sit and Be Fit [AAR]</p> <p>10:30 ⚡ Daily Chronicle [AAR]</p> <p>10:45 ⚡ Martin Luther King Trivia [AAR]</p> <p>1:00 Movement and Balance with Select Rehab [FC]</p> <p>2:00 ➡ Dancing with Martha! [FC]</p> <p>3:00 🐾 National Cheese Day Bingo! [AAR]</p> <p>6:30 🐾 Movie Night - From Time to Time (Prime) [ALT]</p> <p>7:00 🐾 Poker Night [ILGR]</p> <p>7:15 Everyone Has A Story [BST]</p>	<p>10:00 ➡ Sit & Be Fit [AAR] 21</p> <p>10:30 ⚡ Daily Chronicle [AAR]</p> <p>10:45 ⚡ Yes or Snow Trivia [AAR]</p> <p>2:15 🧠 Creative Projects [AAR]</p> <p>6:30 🐾 Movie Night - Enslavement: True Story of Fanny (Prime) [ALT]</p>	<p>10:00 ➡ Zumba & Laughing Yoga with Janette! [AAR] 22</p> <p>10:45 ⚡ Daily Chronicle [AAR]</p> <p>11:00 ⚡ Trivia! The RoundUp: Polka Dots [AAR]</p> <p>1:45 ➡ Rock Steady Boxing [MLR]</p> <p>3:00 🐾 Happy Hour with the Vince Micari Trio [BST]</p> <p>6:30 🐾 Movie Night - Old Dads (Netflix) [ALT]</p>	<p>10:00 🐾 This or That [MLR] 23</p> <p>10:30 🐾 Drumming with Chris</p> <p>11:00 🐾 The Round-up: Winnie the Pooh [MLR]</p> <p>1:00 🦋 Rosary with Cozetta [ML]</p> <p>1:30 ➡ Express Fitness with Arthur [FC]</p> <p>2:30 🐾 White Elephant Gift Exchange [2LVR]</p> <p>6:30 🦋 Friends of Bill W. (AA Meeting) [ILPPR]</p> <p>6:30 🐾 Movie Night - Between the Temples (Prime) [ALT]</p> <p>7:00 🐾 Poker Night [ILGR]</p>	<p>10:00 ➡ Sit & Be Fit [AAR] 24</p> <p>10:30 ⚡ Daily Chronicle [AAR]</p> <p>10:45 ⚡ Trivia! Odd One Out [AAR]</p> <p>3:00 🐾 Bingo! [AAR]</p> <p>4:30 🦋 Shabbat [BST]</p> <p>6:30 🐾 Movie Night - Dog Day Afternoon (Prime) [ALT]</p>	<p>9:30 🦋 Carrington Community Church [BST] 25</p> <p>10:30 ⚡ Daily Chronicle [AAR]</p> <p>11:00 ➡ Moving For Mobility [AAR]</p> <p>2:00 🐾 Afternoon Cinema - Jesse Stone: Sea Change (Prime) [ALT]</p> <p>2:30 🐾 Puzzles and Games in the Living Room [2LVR]</p>
<p>10:00 ➡ Move and Groove [AAR] 26</p> <p>10:30 ⚡ Daily Chronicle [AAR]</p> <p>10:45 🐾 Noodleball and Games [AAR]</p> <p>2:00 🐾 Bingo With Trudy [ILC]</p> <p>2:00 🐾 Sunday Matinee - Call Me Madame (DVD) [ALT]</p>	<p>10:00 ➡ Sit and Be Fit [AAR] 27</p> <p>10:30 ⚡ Daily Chronicle [AAR]</p> <p>10:45 ⚡ Person, Place or Thing Game [AAR]</p> <p>1:00 Movement and Balance with Select Rehab [FC]</p> <p>2:00 ➡ Dancing with Martha! [FC]</p> <p>3:00 🐾 Bingo! [AAR]</p> <p>6:30 🐾 Movie Night - The Accidental Husband (Netflix) [ALT]</p> <p>7:00 🐾 Poker Night [ILGR]</p>	<p>10:00 ➡ Sit & Be Fit [AAR] 28</p> <p>10:30 ⚡ Daily Chronicle [AAR]</p> <p>10:45 ⚡ Trivia! The RoundUp: Legos [AAR]</p> <p>2:30 ❤️ Moments from Hollywood Musicals [ALT]</p> <p>6:30 🐾 Movie Night - All of Us Strangers (Prime) [ALT]</p>	<p>10:00 ➡ Zumba & Laughing Yoga with Janette! [AAR] 29</p> <p>10:45 ⚡ Daily Chronicle [AAR]</p> <p>11:00 ⚡ Trivia! Fact Files: Year of The Snake [AAR]</p> <p>1:45 ➡ Rock Steady Boxing [MLR]</p> <p>3:00 🐾 Happy Hour with Jane Allyson [BST]</p> <p>6:30 🐾 Movie Night - Two for the Road (Netflix) [ALT]</p>	<p>10:00 ➡ Move and Groove [AAR] 30</p> <p>10:30 ⚡ Daily Chronicle [AAR]</p> <p>10:45 ⚡ Trivia! Would You Rather [AAR]</p> <p>1:00 🦋 Rosary with Cozetta [ML]</p> <p>1:30 ➡ Express Fitness with Arthur [FC]</p> <p>2:30 🚩 Road Trip Across America! [2LVR]</p> <p>6:30 🦋 Friends of Bill W. (AA Meeting) [ILPPR]</p> <p>6:30 🐾 Movie Night - Treasure (Prime) [ALT]</p> <p>7:00 🐾 Poker Night [ILGR]</p>	<p>10:00 ➡ Sit & Be Fit [AAR] 31</p> <p>10:30 ⚡ Daily Chronicle [AAR]</p> <p>10:45 ⚡ Dream Big Trivia [AAR]</p> <p>11:00 🧠 Sing-Along with Annamarie [2LVR]</p> <p>3:00 🐾 Bingo! [AAR]</p> <p>4:30 🦋 Shabbat [BST]</p> <p>6:30 🐾 Movie Night - How to Fall in Love (Prime) [ALT]</p>	<p style="text-align: center;">All activities are subject to change. Please refer to the Daily Calendar for the most up to date schedule.</p>



“If you can’t fly then run, if you can’t run then walk, if you can’t walk then crawl, but whatever you do you have to keep moving forward.”
 —Martin Luther King, Jr.


 What the new year brings you will depend a great deal on what you bring to the new year
 Vernon McLellan
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Resident Birthdays

Lorraine E.	1/2
Rose R.	1/13
Felipe P.	1/19
Miguel O.	1/20
Charles P.	1/26
Jackie P.	1/26