

March 2025 Mezzanine Activity Calendar





Sunday Monday Tuesday Wednesday Thursday Friday Saturday



Location Keys







AL 2nd FL Activity Room	AAR	Memory Care North	MCN
AL 2nd FL Living Room	2LVR	Mezzanine Activity Room	Mez
AL 4th FL Theater	ALT	Mezzanine Library	ML
Bistro	BST	Mezzanine Living Room	MLR
Fitness Center	FC	We Come to You	WCY
MC North Living Room	MCNLR		

-  Creative Arts
-  Emotional
-  Health and Wellness
-  Intellectual
-  Nature







-  Purposeful
-  Recreation and Leisure
-  Restorative
-  Spiritual




Resident Birthdays







Deena C.	3/4
Rosalie C.	3/5
Kwi K.	3/14
Kate P.	3/18
Teresa M.	3/18






- 9:30  **Carrington Community Church [BST]** 1
- 10:30  Daily Chronicle [AAR]
- 11:00  **Moving For Mobility [AAR]**
- 2:00  Singfit! [Mez]
- 3:00  **Trinity Irish Dancers [BST]**
- 5:30  Relax and Unwind [Mez]







- 10:00  Sit and Be Fit! [Mez] 2
- 10:30  News and Views [Mez]
- 2:00  Mardi Gras Craft [Mez]
- 4:00  Daily Rewind [MLR]






- 10:00  Sit and Be Fit! [MLR] 3
- 10:30  News and Views [MLR]
- 11:00  Music Therapy with Nancy [MLR]
- 2:00  **Dancing with Martha! [FC]**
- 2:30 Puzzles and Games [MLR]
- 4:00  Daily Rewind [Mez]
- 5:30  Relax and Unwind [Mez]





- 10:00 Paczkis and Coffee Social [Mez] 4
- 11:00  Jewish Services with Rabbi Levi Liberow [MCNLR]
- 1:30  Exercise with Arthur [FC]
- 2:30 **Mardi Gras Party! [AAR]**
- 5:30  Relax and Unwind [Mez]








- 10:00  Ash Wednesday Service [MCNLR] 5
- 10:00  News and Views [Mez]
- 10:30  **Zumba and Laughter Yoga [Mez]**
- 1:45  Rock Steady Boxing [MLR]
- 3:00  **Happy Hour: Carla Gordon and 3 for the Road [BST]**
- 5:30  Relax and Unwind [Mez]









- 10:30  **Nature Project with Alyse [Mez]** 6
- 1:30  Express Fitness with Arthur [FC]
- 2:30  Karaoke [Mez]
- 4:00  Daily Rewind [MLR]
- 5:30  Relax and Unwind [Mez]






- 10:00  Sit and Be Fit! 7
- 10:30  News and Views
- 11:00  Random Trivia Fun
- 1:00 Rosary with Cozetta [ML]
- 4:00  Daily Rewind [Mez]
- 4:30  **Shabbat [BST]**
- 5:30  Relax and Unwind [Mez]






- 9:30  **Carrington Community Church [BST]** 8
- 10:30  Daily Chronicle [AAR]
- 11:00  **Moving For Mobility [AAR]**
- 2:00  Bowling!
- 5:30  Relax and Unwind [Mez]








- Daylight Saving Time Begins** 9
- 10:00  Sit and Be Fit! [Mez]
- 10:30  News and Views [Mez]
- 1:30  Noodle Ball [Mez]
- 3:00  Incite Dance Performance [BST]
- 4:00  Daily Rewind [MLR]








- 10:00  Sit and Be Fit! [Mez] 10
- 10:30  News and Views [Mez]
- 11:00  Name that Tune [Mez]
- 2:00  **Dancing with Martha! [FC]**
- 3:00  **Classic Comedy Hour [BST]**
- 4:00  Daily Rewind [Mez]
- 5:30  Relax and Unwind [Mez]

- 10:00  Move and Groove [Mez] 11
- 11:00  Non Denominational Service with Pastor Henry [MCNLR]
- 1:15  **Opera Club**
- 1:30  Exercise with Arthur [FC]
- 2:00  Visits with Myra! [WCY]
- 2:30  Picture Bingo [Mez]
- 4:00  Leisurely Walk
- 5:30  Relax and Unwind [Mez]

- 10:00  News and Views [Mez] 12
- 10:30  **Zumba and Laughter Yoga [Mez]**
- 1:45  Rock Steady Boxing [MLR]
- 3:00  **Happy Hour: Two Voices & Two Pianos [BST]**
- 5:30  Relax and Unwind [Mez]

- 10:00  Volleyball! [MLR] 13
- 1:30  Express Fitness with Arthur [FC]
- 3:00  **Hotsie-Totsie Voices: Song Selection #1 [BST]**
- 4:00  Daily Rewind [MLR]
- 5:30  Relax and Unwind [Mez]

- 10:00  Move and Groove [Mez] 14
- 10:30  **Veteran's Club**
- 11:00  Purim Service [MCN]
- 1:00 Rosary with Cozetta [ML]
- 2:15  Movie Matinee-The Quiet Man [Mez]
- 4:00  Daily Rewind [Mez]
- 4:30  **Shabbat [BST]**
- 5:30  Relax and Unwind [Mez]

- 9:30  **Carrington Community Church [BST]** 15
- 10:30  Daily Chronicle [AAR]
- 11:00  **Moving For Mobility [AAR]**
- 2:00  Shamrock Crafts [Mez]
- 3:00  Shamrock Shakes
- 5:30  Relax and Unwind [Mez]
- 7:00  **Purimspiel Performance [BST]**

March 2025 Mezzanine Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																								
10:00 🔄 Sit and Be Fit! [Mez] 16 10:30 💡 News and Views [Mez] 1:30 🔄 Noodle Ball [Mez] 2:00 🎬 Movie Matinee: The Quiet Man [Mez] 4:00 💡 Daily Rewind [MLR]	St. Patrick's Day 17 10:00 🔄 Sit and Be Fit! 11:00 🎭 Music Therapy with Nancy [MLR] 2:00 🔄 Dancing with Martha! [FC] 2:30 St. Patrick's Day Social! [MLR] 4:00 💡 Daily Rewind [Mez] 5:30 🌿 Relax and Unwind [Mez]	10:00 🙌 Helping Hands! [MLR] 18 1:30 🔄 Exercise with Arthur [FC] 2:30 🎮 Picture Bingo [Mez] 4:00 🔄 Leisurely Walk 5:30 🌿 Relax and Unwind [Mez]	10:00 💡 News and Views [Mez] 19 10:30 🔄 Zumba and Laughter Yoga [Mez] 1:45 🔄 Rock Steady Boxing [MLR] 3:00 🎭 Happy Hour with Patrick and Lila [BST] 5:30 🌿 Relax and Unwind [Mez]	10:00 🔄 Volleyball! [MLR] 20 1:30 🔄 Express Fitness with Arthur [FC] 3:00 🎭 Hotsie-Totsie Voices: Song Selection #2 [BST] 4:00 💡 Daily Rewind [MLR] 5:30 🌿 Relax and Unwind [Mez]	10:00 🔄 Dance Party Friday! [Mez] 21 10:30 💡 News and Views [Mez] 10:45 🔄 SingFit! [Mez] 1:00 🎭 Rosary with Cozetta [ML] 2:15 🎭 Monthly Birthday Bash! [2LVR] 4:00 💡 Daily Rewind [Mez] 4:30 🎭 Shabbat [BST] 5:30 🌿 Relax and Unwind [Mez]	9:30 🎭 Carrington Community Church [BST] 22 10:30 💡 Daily Chronicle [AAR] 11:00 🔄 Moving For Mobility [AAR] 2:00 🎭 Movie Matinee [Mez] 3:00 🎭 Hymn Sing with Annamarie and Barbara [BST] 5:30 🌿 Relax and Unwind [Mez]																								
10:00 🔄 Sit and Be Fit! [Mez] 23 10:30 💡 News and Views [Mez] 1:30 🔄 Noodle Ball [Mez] 2:00 🎮 Spring Crafts [Mez] 4:00 💡 Daily Rewind [MLR]	10:00 🔄 Sit and Be Fit! [Mez] 24 11:00 🎮 Name that Tune [Mez] 2:00 🔄 Dancing with Martha! [FC] 2:30 🎮 Puzzles and Games [MLR] 4:00 💡 Daily Rewind [Mez] 5:30 🌿 Relax and Unwind [Mez]	10:00 🔄 Move and Groove [Mez] 25 10:30 💡 News and Views [Mez] 1:30 🔄 Exercise with Arthur [FC] 2:30 ❤️ Moments from Hollywood Musicals [ALT] 4:00 🔄 Leisurely Walk 5:30 🌿 Relax and Unwind [Mez]	10:00 💡 News and Views [Mez] 26 10:30 🔄 Zumba and Laughter Yoga [Mez] 1:45 🔄 Rock Steady Boxing [MLR] 3:00 🎭 Happy Hour with Wayne Messmer [BST] 5:30 🌿 Relax and Unwind [Mez]	10:00 🔄 Volleyball! [MLR] 27 1:30 🔄 Express Fitness with Arthur [FC] 3:00 🎭 Hotsie-Totsie Voices - Rehearsal [BST] 4:00 💡 Daily Rewind [MLR] 5:30 🌿 Relax and Unwind [Mez]	10:00 🔄 Dance Party Friday! [Mez] 28 10:30 💡 News and Views [Mez] 1:00 🎭 Rosary with Cozetta [ML] 2:00 🎭 Drama Club [Mez] 3:00 🎭 Karaoke 4:00 💡 Daily Rewind [Mez] 4:30 🎭 Shabbat [BST] 5:30 🌿 Relax and Unwind [Mez]	9:30 🎭 Carrington Community Church [BST] 29 10:30 💡 Daily Chronicle [AAR] 11:00 🔄 Moving For Mobility [AAR] 2:00 🎭 Movie Matinee [Mez] 5:30 🌿 Relax and Unwind [Mez]																								
10:00 🔄 Sit and Be Fit! [Mez] 30 10:30 💡 News and Views [Mez] 1:30 🔄 Noodle Ball [Mez] 2:15 🎮 Baking Club [Mez] 3:00 🎭 Sunday Social 4:00 💡 Daily Rewind [MLR]	10:00 🔄 Sit and Be Fit! [Mez] 31 11:00 🎮 Name that Tune [Mez] 2:00 🔄 Dancing with Martha! [FC] 2:30 🎮 Puzzles and Games 4:00 💡 Daily Rewind [Mez] 5:30 🌿 Relax and Unwind [Mez]	<div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> <ul style="list-style-type: none"> 🎭 Creative Arts ❤️ Emotional 🔄 Health and Wellness 💡 Intellectual 🌿 Nature 🎭 Purposeful 🎮 Recreation and Leisure 🌿 Restorative 🎭 Spiritual </div> <div style="width: 45%;"> <p>Location Keys</p> <table border="0"> <tr> <td>AL 2nd FL Activity Room</td> <td>AAR</td> <td>Memory Care North</td> <td>MCN</td> </tr> <tr> <td>AL 2nd FL Living Room</td> <td>2LVR</td> <td>Mezzanine Activity Room</td> <td>Mez</td> </tr> <tr> <td>AL 4th FL Theater</td> <td>ALT</td> <td>Mezzanine Library</td> <td>ML</td> </tr> <tr> <td>Bistro</td> <td>BST</td> <td>Mezzanine Living Room</td> <td>MLR</td> </tr> <tr> <td>Fitness Center</td> <td>FC</td> <td>We Come to You</td> <td>WCY</td> </tr> <tr> <td>MC North Living Room</td> <td>MCNLR</td> <td></td> <td></td> </tr> </table> </div> </div>					AL 2nd FL Activity Room	AAR	Memory Care North	MCN	AL 2nd FL Living Room	2LVR	Mezzanine Activity Room	Mez	AL 4th FL Theater	ALT	Mezzanine Library	ML	Bistro	BST	Mezzanine Living Room	MLR	Fitness Center	FC	We Come to You	WCY	MC North Living Room	MCNLR		
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Resident Birthdays

Deena C.	3/4
Rosalie C.	3/5
Kwi K.	3/14
Kate P.	3/18
Teresa M.	3/18

All activities are subject to change. Please refer to the Daily Activity Schedule for the most up to date activities.